



The
British
Psychological
Society

Chartered Psychologist

DR. JOANNA NORTH M.A., DPsych. CPsychol.
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PROFESSIONAL QUALIFICATIONS & EXPERTISE

Professional Qualification(s)

CHARTERED MEMBER OF BRITISH PSYCHOLOGICAL SOCIETY (Membership No. 316821)
DOCTORATE IN PSYCHOTHERAPY – Metanoia Institute / Middlesex University
MASTERS DEGREE IN PSYCHOTHERAPY – University of Bath Spa
ACCREDITED MEMBER OF BRITISH ASSOCIATION OF COUNSELLING & PSYCHOTHERAPY (Membership No. 681408)
Independent Assessor / Accredited Expert Witness Cardiff University.
OFSTED Registered (Adoption Support Agency) as providing an ‘Outstanding Service’
Society of Expert Witnesses. Member
EMDR Association of England and Wales.
Proficient Assessor of Child Attachment Interview (University College London and Anna Freud Inst.)
Proficient Assessor of Adult Attachment Reflective Functioning (University College/Anna Freud Inst.)
Adult Attachment Interview (Adult Attachment Training Institute)

Areas of Expertise

- Assessment of Attachment Relationships
- Child Protection and Safeguarding
- Parent Infant Interaction and Relationship.
- Adoption and Fostering`
- Assessment of children, young people and families
- Family Systems and Dynamics
- Impact of Trauma, Abuse and Neglect
- Behavioural Difficulties in Children and Young People
- Addiction and Motivational Interviewing
- Eating Disorders
- Stress and Anxiety Management



RELEVANT EXPERIENCE

I have twenty years of experience and work with complex cases involving children, adults and families. I am Director of Joanna North Associates Ltd – a therapeutic consultancy engaging in therapeutic work and training. I currently work with Looked After Children within the Child Protection System. I have a Masters Degree in research in this subject and a Doctorate in Psychotherapy from Middlesex University. I am both a Chartered member of the British Psychological Society (Overseen by the Health Professions Council) and a Psychotherapist and accredited member of the British

Association of Counselling and Psychotherapy (overseen by the Professional Standards Authority) and a my Office is OFSTED registered for work with Fostering and Adoption Support (registered as Outstanding).

I run a clinical caseload, as well as undertaking Report Writing and Assessment of Family Therapy Needs and Attachment Styles for both Adults and Children I train care staff to support children with complex behavioural difficulty, and clinically supervise teams who work with children in the care system. I have written and published 'How to Think About Caring for a Child with Difficult Behaviour.' (North 2010)

QUALIFICATIONS, TRAINING & RESEARCH

Date	Qualification	Institute
2013	Awarded Chartered Status of British Psychological Society	British Psychological Society
2012	Certificate in Interpersonal Neurobiology – The Mindful Therapist The Foundations of Interpersonal Neurobiology	Dan Siegel - The Mindsight Institute
2012	PIRAT – Parent Infant Relational Assessment Tool November 2012	Anna Freud Institute, London
2010	Doctorate in Psychotherapy (with Commendation) 'How Can We Transform the Lives of Children with Complex Behaviour'	Middlesex University
2007/8	Trained in Part I, II & III of Eye Movement Desensitization and Reprocessing – EMDR	EMDR UK & Ireland
2006	Reliable Assessor in Child Attachment Interviews	UCL / Anna Freud Centre
2006	Trained in Stem Story Interviews	Anna Freud Centre
2006	Certificate in Adult Attachment Interviews (Mary Maine)	Adult Attachment Institute
2006	Use of Parent Development Interviews	Prof. Arietta Slade – City University of New York
2005	Certificate in Advanced Cognitive Behavioural Skills	Prof. Stephen Palmer – L.C.S.M
2005	Attachment Interventions – Levels I , II , III	Dr. Dan Hughes – U.S.A
2005	Certificate in Reflective Functioning	Anna Freud Centre/UCL
2005	Trained in Child Attachment Interviews	UCL / Anna Freud Centre
2005	Cardiff University Expert Witness Certification	Bond Solon – London
2004	Masters Degree in Psychotherapy	University of Bath Spa College
2003	Diploma in Performance Coaching	Newcastle College
2002	Certified Clinical Supervisor	University of Bath Spa College
2000	Diploma in Clinical Supervision	Iron Mill Institute
1993	Accredited Psychotherapist	UK Council for Psychotherapy
1992	Diploma in Integrative Psychotherapy	UK Council for Psychotherapy

MEMBERSHIPS & PUBLICATIONS

Professional Memberships

- Chartered Member of British Psychological Society.
- Accredited Member of British Association of Counselling and Psychotherapy
- Society of Expert Witnesses
- EMDR (Eye Movement Desensitization & Reprocessing) Association UK & Ireland

Publications & Presentations

- **Publication:** Practice Paper - When Parents Aren't Good Enough. How do we help a child to process the fact that their parents were unable to provide good enough parenting.
'Therapy Today' for Counselling and Psychotherapy Professionals. May 2013 vol 24/Issue4
- **Publication:** Thinking about Mum or Dad. How do we help a child process the fact that Mum or Dad couldn't manage to provide good-enough parenting?
British Association of Counselling and Psychotherapy March 2013 (pages 16-19)
- **Publication:** '**Adoption Support - What Works and Why**'.
'Children and Young People Now' Magazine August 2012.
- **Publication:** **Working with the State as Parent. Counselling and Psychotherapy with Children on a Care Order.**
British Association of Counselling and Psychotherapy.
'Counselling Children and Young People' Magazine March 2011.
- **Publication:** '**How to Think about Caring for a Child with Difficult Behaviour**'.
Published by Watershed Publishing. Norwich January 2010.
Available from Joanna North Associates ISBN 978 0 9528713-3-0
- **Certificate of Recognition from outgoing Chair of UKCP December 2010**
'In recognition of Outstanding Services to Psychotherapy within United Kingdom Council for Psychotherapy'.
- **Guest Editor of UKCP Magazine Publication – March 2009**
'The Psychotherapist as an Expert Witness'
- **International Journal of Psychotherapy -November 2008 - Parenting Today:**
- **Attachment – New Directions in Psychotherapy and Relational Psychoanalysis - Nov 2008 Volume 2 No. 3**
Applications of the Child Attachment Interview: A Practitioner-Researcher's Experience of Working with the Measure of Attachment in Middle Childhood
- **The Psychotherapist: Issue 36, Winter 2008 - A Quarterly publication by United Kingdom Council for Psychotherapy.**
'Research in Psychotherapy'
- **Child Development 2007 - A Training Programme written for CAFCASS (Child & Family Court Advisory Service & Support)**
- **The Psychotherapist: Issue 31, Summer 2006 A Quarterly publication by United Kingdom Council for Psychotherapy.**
'The Uses of Control – Some Personal Reflections of a Practising Psychotherapist'.
- **Attachment, Separation & Loss Phase II 2006 - A Training Programme written for CAFCASS (Child & Family Court Advisory Service & Support)**
- **The Psychotherapist: Issue 29, Winter 2005 - A Quarterly publication by United Kingdom Council for Psychotherapy.**
'Ethical Issues in Psychotherapy with Disturbed Children'
- **Attachment, Separation & Loss Phase I 2005 - A Training Programme written for CAFCASS (Child & Family Court Advisory Service & Support)**
- **National Youth Advocacy Service Magazine 'Representing Children' 2005**
A Quarterly Journal for all those concerned with the Rights and Welfare of Children and Young People
- **Yes' magazine 1999**

I have written and had published throughout a series of articles on Women, Lifestyle, Self Image and Food.

- **The Journal of Humanistic Psychology, March 1999 Volume 27, No. 1. Self and Society**
‘Working with Children: Aren’t they worth it?’
- **‘UKCP annual conference at Churchill College, Cambridge 1997**
I participated in the conference and presented a forum on ‘Working with Emotionally and Behaviourally Disturbed Children?’.

CURRENT REGISTRATIONS FOR JOANNA NORTH ASSOCIATES

2006 Registered with **OFSTED** as an **ADOPTION SUPPORT AGENCY**
Rated as providing an ‘Outstanding Service’ in 2013.

CONTRACTS FOR JOANNA NORTH ASSOCIATES

ROYAL DEVON AND EXETER HEALTH CARE TRUST

In February 2004 I was contracted by the RDE Health Care Trust to provide therapy for a new Treatment Foster Care Service to children in Devon. For this I am required to assess in detail the child’s therapeutic needs and contribute to the therapeutic care plan, working closely with Specialist Foster Parents who provide treatment placements for children with attachment and behavioural difficulties.

ASSESSMENTS FOR THE FAMILY COURT / EXPERT WITNESS

Since July 2002 I have provided assessments for Psychotherapy to the Family Court in my work as an Expert Witness. I use Family Systems Theory and Attachment Theory to inform my work with families and report writing. I also provide psychotherapy sessions for adult clients, in particular those who have learning difficulties or who may not otherwise engage easily in the therapeutic process. I have completed and passed the Certificate in Expert Witness Practice with Cardiff University (Bond Solon). To date I have completed over a hundred reports for the Family Court.

CAFCASS

Appointed in September 2003 as a National Training Provider for the government body CAFCASS ‘Children and Family Court Advisory and Support Service’. This appointment brings together the two main themes of my work over the last few years, namely work with children in care together with family assessment and recommendations for those involved in Family Court cases, and my work as a trainer. In addition I was contracted to write the training module on ‘Attachment, Separation & Loss’ for Family Court Advisors. This has been rolled out nationwide from the early part of 2005 - 2010 I have also written a module for CAFCASS in Child Development 2007 – 2010.

Consultancy Services provided by Joanna North Associates

My consultancy provides support services for organisations involved in therapeutic childcare as follows:

1. Assessments & Court Reports for Family Court.
2. Adoption Support Agency – supporting adoptive families.
3. Assessments for Family Therapy and ongoing work.
4. Psychotherapy for children, and children in care.
5. Supervision for staff caring for children.
6. Advice, support, recruitment and training for child care organisations.
7. Team building for care staff.
8. Advice on specialised therapeutic care plans and implementation.
9. Assessments for psychotherapy and Individual adult psychotherapy sessions.

OTHER RELEVANT INFORMATION

- I have full enhanced CRB clearance.
- I hold personal professional indemnity insurance.

